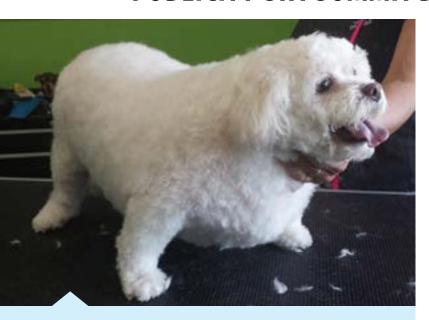


PUBLICITY-SHY SUMMIT DOGGIE GETS A RE-MAKE

"Peaches" gets ready for bath and grooming at 4Paws Resort & Spa in Canoga Park. See story page 2. (Larry LaCom/Summit Life photo)

PUBLICITY-SHY SUMMIT DOGGIE GETS A RE-MAKE



A transformed "Peaches" is shown after bubble bath and grooming. The 4-year-old female Bichon is playful, loveable and publicity shy.

Photo courtesy of 4Paws Resort & Spa.

From Page 1

et's call her "Peaches." She's a bit shy of the news media and doesn't want the public to know that she's been getting spruced up at the 4Paws resort & Spa in Canoga Park.

To Lisa Janes and Jessica Moraitis, the owners of 4 Paws, Peaches has been a particularly challenging client, demanding total anonymity over the course of her treatment. But of course that's the way it is Glitzy Southern California where your next-door neighbor could be Justin Beaver.

"In the past, we've groomed thoroughbred lady dogs from the Summit who've put on a pound or two, but this sweet tempered, upwardly mobile young lady is over the top. And unlike her human counterparts, she can't wear a corset." said Lisa.

A healthy, four year-old Bichon should weigh no more than 15 pounds. But Peaches is at least double that weight. A good start would be to reduce her diet to three-quarters of a cup of avocado-free kibble per day. She should also be walked regularly, starting at about five minutes per day. From now on, Peaches must eat to live, not live to eat if she wants to regain top billing as a beautiful Bichon, according to the resort professionals.

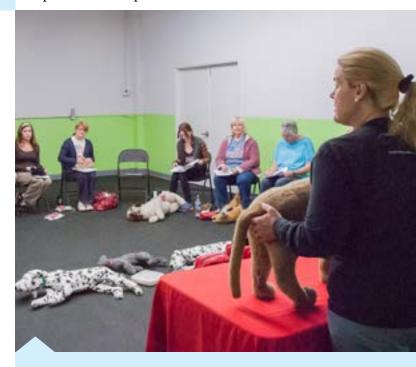
Good advice comes with the territory at 4Paws where you can get everything from grooming. bathing, boarding and animal training to doggie day care, teeth

cleaning and CPR. "I've been in this business 14 years and I've developed a rescue mentality with my animals," explained Lisa.

4Paws specializes in gussying up dogs for all occasions. The resort offers rejuvenating mud baths for pets as well as whimsical spray paintings with messages like "I love you," or "will you marry me." They'll even draw valentine hearts or four leaf clovers on your pet. "It's a lot of fun, doesn't hurt the animal's coat and washes out with the first wash," explained Lisa.

Knowledge of dog first aid and CPR is important for animal lovers who live and hike on the trails in the rugged areas that surround the Summit. Canine and Feline mannequins are used at 4Paws to teach rescue breathing as well as how to approach and find the pulse of animals injured by electric shock, frostbite, heat stroke, poisoning, seizures, snake bites and bee stings.

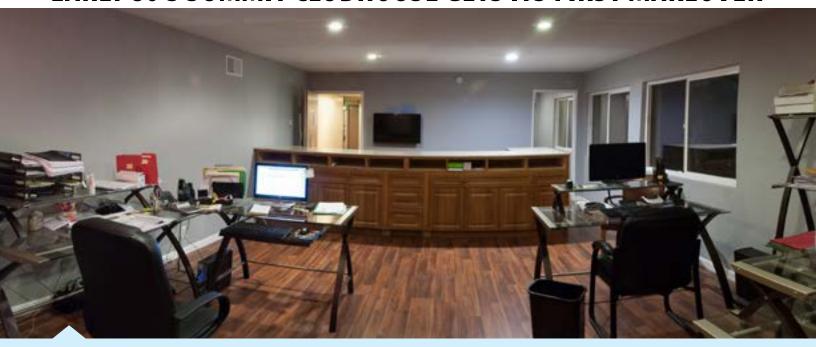
The company also provides a first aid kit that explains bandaging and splinting techniques and includes snakebite serum that can help a bitten pet survive until seen by a veterinarian. For more information, please contact 4Paws at 818-337-7168 or Email 4paws@ 4pawsresortandspa.com.. •



Dog mannequins allow CPR students at 4Paws to approach and save pets in such cases as electric shock, heat stroke, bee stings and snakebites. The lecture and hands on practice sessions are offered over several weekends during the year.

Larry LaCom/Summit Life photo.

EARLY 80'S SUMMIT CLUBHOUSE GETS ITS FIRST MAKEOVER



Clubhouse sales and administrative office now features an entry counter to serve residents. Conference room, not shown, adjoins office. Remaining first floor facilities, including the public lounge, sauna rooms and bathrooms, are expected to be finished by late April. *Larry LaCom/Summit Life photo.*

he Summit's 4,000 square-foot Clubhouse is now being remodeled and redecorated as part of a plan to upgrade the park's amenities for the first time since the 59-acre enclave's inception in 1979.

"The correct word is 'upscale," said Philip Miller, Summit co-owner. "The park is experiencing a population rebirth by attracting younger, upscale tenants who not only understand value but demand a safer, healthier environment for their children. It's therefore fitting that as Summit homes increase in value, there should be a reciprocal increase in the property as a whole," he said.

Remodeling of the Clubhouse's first floor office complex began in

February and is now 95 percent completed. Remaining first floor facilities, including the public lounge, sauna rooms and bathrooms are expected to be finished in late April. While no timeline has been set for the second floor, a completely equipped exercise room is planned for the makeover. Public rooms on both floors are being expressly redesigned to more fully accommodate weddings, birthdays and other large social gatherings.

The decision to initially redo the Clubhouse has put the park's proposed quarter-acre recreation area on the back burner, at least temporarily, according to Mr. Miller. "Although we've had permitting delays, we're hopeful that the recreation area will be completed by late summer," he

said.

The recreation area will be sited on upper Skyview Court on what is currently vacant land. It will cover about 8,000 square feet and encompass a concrete play court with a basketball backboard, a shaded area with picnic tables and a sandbox with swings, a Jungle Jim and monkey bars. The goal is to provide an outdoor recreational outlet for both children and adults alike.

Redoing the park's electric grid by adding 411,000 watts of photovoltaic power as previously planned is also on the back burner. The expensive project is being reevaluated based on the resurgence nationally of less costly oil and gas supplies, according to Mr. Miller. ❖

PLEASE USE A DOGGIE BAG WHEN WALKING YOUR PET

There are no sidewalks at the Summit and no street cleaning equipment. It's therefore extra important to use a doggie bag when walking your dog in the park. A doggie bag dispenser and trash container are available in front of the Clubhouse for residents who walk their dogs on the clubhouse lawn. Additional bag dispensers and trash containers are scheduled to be installed throughout the park. That's because doggy poo on your shoe degrades the Summit for me and you.

MEET YOUR NEIGHBOR

THE STASCHIK'S: A BEAUTIFUL FAMILY WITH A DIFFERENT VIEW ON MEDICINE AND EDUCATION

ew summit residents Laurie and Bernhard Staschik love their view home. "It's almost like a vacation vhen you can see the entire valley from the big picture vindows in the living room," said Bernhard with a distinctly German accent. Tall and thin, the accent becomes him.

The couple are certified Raja Energy Practitioners with offices on Ventura Boulevard. They alternate their days at work in order to homeschool their three children: Anjali, 5; Theodore, 8, and Tristan, 11. They believe in the Waldorf Method, a humanistic approach to pedagogy based on creativity and inward discovery.

I don't like it when Dad homeschools me," said Tristan. "He doesn't communicate as well as Mom." Little Anjali chimed in, "Sometimes I think that he'll chop off my head." As a natural healing therapist, however, Bernhard is dedicated to easing the pain of others. He was born in Frankfurt, and came to the U.S. in 1988.

Raja Energy is a holistic approach to mind and body wellness developed by Martin Feisst of the Feisst Institute, Encinitas. Based largely on Laurie's intuition, the couple turned to the Yoga based healing technique along with an Ayurvedic diet (a holistic diet based on body type) to overcome a serious asthma and allergy condition shared by both herself and her oldest son.

"The Raja cure and special diet saved us from living on inhalers and steroids for the rest of our lives."



New Summit residents Laurie and Bernhard Staschik are shown with their three children (from left) Theodore, Anjali and Tristan. The couple are natural healing therapists who alternate their workdays to home-school their children.

Larry LaCom/Summit Life photo

"The Raja cure and special diet saved us from living on inhalers and steroids for the rest of our lives," said Laurie. "It convinced my husband and me to train together to become Certified Raja practitioners."

Laurie holds a college degree in political science and communications and taught public school for nine years before giving it up. "It was discouraging to see monies siphoned elsewhere that were supposed to be for the children. I had to leave or lose my integrity," she said. A Los Angeles native, Laurie once majored in Opera and performed as an opera singer in the San Fernando Valley.

While they don't believe in Western medicine or Western teaching methods, the Staschik's are a picture perfect American family. Bernhard's German accent is proving to be an asset in their Raja energy practice.

"I think my clients like it because it gives me gravitas," he explained.
"But it was not always so. Vhen I lived in the French part of Switzerland, people thought I was a Frenchman, vould you belief." •

AROUND THE TOWN

VALLEY HAPPENINGS, MARCH - APRIL

THE MEATBALLS OF COMEDY



Comedy in NoHo Arts Dist.

Day: Friday

Time: 8:00 - 9:30 pm

Address: 10901 Victory Blvd. North Hollywood, 91606 **Phone:** 818-646-3129

Cost: FREE

THE TRIP BACK DOWN



Theater in San Fernando Valley

Days: Thursday, Friday, & Saturday Times: Thurs, Fri & Sat at 8:00 pm

Address: 13500 Ventura Blvd. Sherman Oaks, CA 91423 Phone: 323-960-7712

Cost: \$15 - \$25

HOW I LEARNED TO DRIVE BY PAULA VOGAL



Theater in NoHo Arts Dist.

Days: Friday, Saturday **Time:** 8:00 pm to 11:00 pm **Address:** 5126 Lankershim Blvd

91601

Phone: (818)287-0661

Cost: \$12-\$18

ZOMBIE PROM THE MUSICAL



Theater in San Fernando Valley

Day: Friday **Time:** 11pm

Address: 4349 Tujunga Ave, Studio

City, CA 91604

Phone: (818) 769-0905

Cost: FREE

SHUSHYBYE LIVE AT LOVITZ



Music in Universal City

Day: Saturday

Times: 10:30am and

12:00pm

Address: 1000 Universal Studios Blvd #222, Universal City, CA 91608

Phone: (818) 824-6545

Cost: \$20 dollars each or \$30 dollars

including a children's lunch

BOOK'D IN BURBANK: THE ULTIMATE BIBLIOPHILES' NIGHT OUT



Books in Burbank

Day: Thursday **Time:** 8:00-9:30 P.M. **Address:** 3435 West Magnolia Boulevard,

Burbank, 91505 Cost: \$10.00

SUMMIT LIFE

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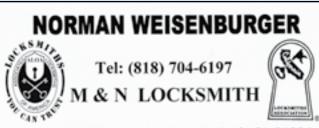
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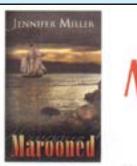


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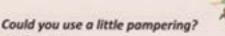


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