

SUMMIT LIFE

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GOODBYE, ADIOS, AUF WIEDERSEHEN,
AU REVOIR, CIAO, VAYA CON DIOS

FAREWELL TO OUR FRIENDS AND NEIGHBORS:

This will be the last edition of Summit Life. That the magazine successfully served this mobile home community for five years in a time of print media decline is a testament to the vision of its publishers, Louis and Philip Miller. Their message rings as true today as it did in 2013...life is a series of new beginnings and those who enjoy this elevated lifestyle high above crime and smog must continually renew a commitment to maintain and defend it.

Stay in touch with these organizations that can be found on the web: The West Hills Neighborhood Council, The Chatsworth Neighborhood Council, The Chatsworth Nature Preserve Coalition, The Woodland Hills – Warner Center Neighborhood Council, The Chatsworth Community Coordinating

Council, The Santa Susana Mountain Park Association, and The Lake Manor Citizens Committee Rural Town Council.

These citizen's committees along with Boeing's Santa Susana Field Laboratory are the first line of defense against those who would dump on you, sub-divide the great nature preserve around you and pollute the air you breathe under the banner of toxic remediation. We owe a debt of gratitude to the Millers for helping open our eyes to these dangers and to John Donne for his ageless warning about complacency...."never send to know for whom the bell tolls; it tolls for thee."

Best wishes,
The staff of Summit Life

Mayo Clinic Newsletter:

TO THOSE GOURMANDS OUT THERE, A LARGE BREAKFAST AND SMALLER DINNER MY BE THE WAY TO GO FOR WEIGHT LOSS

People sometimes skip breakfast to help reduce calorie intake to better manage weight.

However, a new research study suggests otherwise. In the study, people who ate healthy breakfasts managed their weight better than did breakfast skippers. The study further suggests that going light with dinner may help even more with weight maintenance.

The research, published in The Journal of Nutrition, involved about 50,000 adults in the United

States and Canada. Over the seven-year course of the study, several variables were associated with the ability to lose or maintain weight over time. In general, those who had breakfast as their largest meal of the day, a more modest lunch and light or no dinner – while keeping snacking healthy and under control – were the best off in terms of maintaining a healthy weight.

Breakfast quality is a major factor in weight maintenance.

While not confirmed as part of the study, researchers believe that eating a number of small meals during the day rather than two or three large ones, will also help reduce weight.

If you're a breakfast eater, aim to incorporate at least two of the following groups into your morning meal – whole grains, fruits, vegetables or healthy fats.

AS THIS FINAL ISSUE GOES TO PRESS, IT APPEARS THAT THE WOOLSEY CANYON DUMPER WILL GET ANOTHER MONTH-LONG, PENALTY - FREE SHOT AT CLEARING HIS DEBRIS

Woolsey Canyon property owner Robert Bishop has been ordered to appear before an L.A. county building and safety hearing on July 11 to answer charges of failing to meet the property cleanup threshold set last March by the county departments of Public Works and Regional Planning.

The hearing is the latest development in a more than two year battle in and out of court to get unsightly debris removed from Bishop's undeveloped site which sits across the road from the Summit and Mountain View mobile home communities.

The July 11 meeting will most likely trigger a final 30-day-notice from the county to cleanup the mess "or else," according to a spokesman for the county departments. "The "or else" means that if its demands are not met this time around, the county will step in and do the cleaning, charging Bishop for the cost, the spokesman said.

"This time around' is becoming a repetitive theme in the Bishop



Photo shows proximity of roadside junk to Summit entrance gate in top right of frame. Photo below shows proximity of the debris to Mountain View entrance driveway at right in frame.
Diane Brown/Summit Life Photos.

case," explained one Summit homeowner who declined to be named. "It's more like the nursery rhyme 'round and round we go, where we stop nobody knows.'"

Bishop's junk lined the Woolsey Canyon roadway for a year and a half before he was found guilty in

Van Nuys Municipal Court of three land use violations and given time to incrementally clean up the mess before sentencing. The violations against him call for a maximum jail time of 180 days and up to \$1,000 in fines for each day that the violations exist on the property.

To date, however, the Chatsworth man has yet to be sentenced and much of his debris remains concentrated across from the entrances to the two mobile home parks.

"Private property rights are pretty much entrenched in basic law, and the ability for appeal or to mitigate on your own before the government steps in is widely accepted," explained the county spokesman.

"The wheels continue to turn," he added. ❖



The Summit's Favorite Uncle:

STEVE APOSTOLOF - IN MEMORIAM, 1957 – 2017



This obituary is in fond memory of Steve Apostolof, 60, the Summit Mobile Home Community's "Favorite Uncle." He passed away last November 19 after suffering a stroke in his Uncle Ernie's Pizza Restaurant

on Topanga Canyon Boulevard in Chatsworth. He was born on October 1, 1957, at the Los Angeles County/USC Medical Center.

A legend among Pizza lovers in the Chatsworth area, Uncle Ernie's 975 square-foot pizzeria delivers more than 400 pizza's a month to Summit residents.

The restaurant's phone take-out orders are famously answered by a Brooklyn accented voice with the imaginary demeanor of a gruff, tough Uncle. "However, the telephone actor's recorded voice is misleading," according to Sue Apostolof, Steve's wife of 28 years.

"While gruff at times, my husband was soft-hearted and generous, helping customers in trouble and contributing to many charities during his forty plus years in the pizza business." Mrs.

Apostolof will continue to operate the business with the help of the restaurant's 24 dedicated longtime employees.

"Cooking can get damn boring," the late Mr. Apostolof told Summit Life in a 2014 interview. "What I love about my business is talking to hundreds of interesting customers a day; policemen, firemen, office workers, the wealthy and the disenfranchised. There's a large cross section of people out there who simply love pizza and somehow find their way to our five-table hole in the wall."

"Steve will have no trouble finding his way to heaven," said many faithful friends and admirers. He is survived by a daughter, Sarah, 19, and by three brothers and three sisters.

LETTERS TO THE EDITOR

Dear Sir:

I'm gratified to see that our new park manager is very much concerned about reckless drivers in our mobile home community.

I'm a professional dog walker and I know that walking a pet in the park can be difficult with the steep terrain, lack of sidewalks, few street lights, and native wildlife. But can we keep reckless drivers off this list?

Down in the valley, careless drivers may think the car they cut off or stop sign they blow only impacts some nameless stranger they'll never see again. But up here at The Summit, we're a small community where the car you tailgate or pedestrian you fail to

yield to may be your next door neighbor.

I've personally witnessed Summit residents treating stops signs like they don't exist, speeding their vehicles through the park, and passing other drivers on the narrow roads within the park. On our Summit streets, we regularly see children playing, family members walking to the pool and people walking their pets. Please ask yourself, will taking some caution on our roads and being courteous to these neighbors adversely impact your trip to the market or to your job? I'm pretty sure causing a car accident or something worse would have a far greater impact on your

trip!

In my column on these pages, I've attempted to provide useful tips and helpful information pertaining to you and your pets. Common sense, common courtesy, and the rules of the roads are something we should already possess. We all know the speed limit is 15 mph in the park, stop signs are there for a reason, and running over your neighbor is definitely frowned upon. Let's all be more aware of our neighbors who are driving and walking on the narrow streets we call home.

Sincerely,
Bill Kreke

A Final Column:

TRY TO AVOID DESIGNER THERAPYS AND ALSO APHORISMS SUCH AS TREES FALLING SILENTLY IN SOME FAR AWAY FOREST

By Garry Wormser

My doctor at Kaiser asked me the usual two questions the other day. "Are you exercising and eating right?"

I said that I've rediscovered bacon and that I always lie down until the thought of exercising passes.

"Sounds like you're depressed," the M.D. said.

"You're right. I am depressed," I replied.

"Why?" she asked.

"The usual problems, money and age."

"We have excellent psychologists here at Kaiser. Would you like me to make you an appointment?"

"No," I said. "I've tried to avoid shrinks ever since my brother-in-law with a Master's Degree in Psychology was fired for practicing crying therapy."

"Crying therapy," my doctor laughed. "That's what we used to call designer therapy. But he shouldn't have been fired for it."

"His office was just off the lobby of an Orange County hospital where lots of worried folks waited while their loved ones underwent surgery," I said. "With all that crying and carrying on coming from his office, I guess these people thought the hospital had a



"Doctor, I'm not sure that I can trust you with my feelings."

lot of failed procedures and complained."

"So did he change his psychological approach?" my doctor asked.

"Yes he did, no more crying therapy," I answered. "He was re-hired but fired permanently six months later for practicing 'the primal scream.'"

"Another designer therapy made famous by the movie 'Network,'" observed my doctor.

"Yes," I said, "I'm mad as hell and I'm not going to take it anymore."

"Maybe you should yell that

out your window," my doctor suggested.

"With my luck," I said, "I'd be drowned out by the noise of my neighbor's motorcycle starting up across the street. The scream would go unheard, like a tree falling in the forest."

In my after visit summary, my doctor wrote: "1. Try and watch the salt. 2. Stay busy. 3. Avoid cliches like the plague." ❖

CHATSWORTH HISTORICAL SOCIETY WORKING HARD TO PRESERVE AREAS RICH AND COLORFUL HISTORY

By Marci Wormser

Ann Vincent's passion is Chatsworth history, working to ensure that Chatsworth's colorful history as a pioneer town and later as a movie mecca will not be forgotten by future generations.

Ann, along with her husband, Ray, joined the Chatsworth Historical Society nearly 20 years ago. As a Chatsworth High School graduate, she currently serves as the Society's historian and newsletter editor, while her husband, who also matriculated from Chatsworth High, is the research director. Their focus in recent years has been to digitize the collections for safekeeping and research. These efforts have resulted in 25 presentations on Chatsworth History, available at slideshare.net/chatsworthhistory, or chatsworthhistory.com. The chatsworth history website also includes a variety of research documents and publications available to the public.

Together with Linda and Andre van der Valk, as co-presidents, and other volunteers, the group works to preserve historic landmarks in the area; collect artifacts and historical documents that represent the history of Chatsworth and surrounding communities; and educate the public about the area's rich history.

"We want kids to learn the way things used to be done," Ann says. "I think that as we look back on our lives, we realize what was important for us growing up...We want future generations to have the opportunity to learn and experience



TEA AND SCONES

how things were done in the olden days." To that end, the organization regularly does presentations and provides tours to Chatsworth Park Elementary School students and other groups.

The Historical Society was founded in 1963 to save and move the historic Pioneer Church – now located at Oakwood Memorial Park on Lassen Street - that was slated for demolition.

About 15 years later, the organization became conservator of the 1.3-acre parcel of land located in Chatsworth Park South that's known as Homestead Acre. That land parcel is where the Historical Society resides. The Homestead Acre is home to the 1911 Hill-Palmer Homestead Cottage, the Virginia Watson Chatsworth Museum, the Frank H. Schepler Jr. Memorial Library and more than an acre of gardens.

As a result of the Homestead Act of 1862, U.S. citizens could acquire up to 160 acres of federal land. In 1886, James David and

Rhoda Jane Hill homesteaded 120 acres with their eight children. Their daughter Minnie was born in 1886 in Chatsworth, and lived in the cottage most of her life, raising her children with her husband Alfred Palmer, and caring for her mother. Over the years the homestead grew to 230 acres.

In 1956, Henry Berkenkamp of Oroweat Bakeries bought the Hill Homestead property, granting a life tenancy agreement for Minnie Hill Palmer to live rent free at her 1911 cottage and surrounding grounds of 1.3 acres. Henry represented the Aqua Sierra Sportmans Club (a skeet shooting range and golf course). The Club grew and became the Roy Rogers Sports Center in 1959, until it was closed in 1968. In 1973 the City of Los Angeles purchased the 75 acre skeet/fishing/golf course site, and it became today's Chatsworth Park South.

In 1976 Minnie moved out of the cottage to a retirement home, and passed away in 1981 at the age of 94. In 1978 the Chatsworth

Historical Society was named as conservator of the Homestead Acre.

“Minnie Palmer was good friends with the founding Historical Society members,” says Ann. “She asked the Historical Society to be custodians of her remaining property”. The Hill-Palmer Cottage is the only remaining homestead cottage in the San Fernando Valley. It was named to the National Register of Historic Places in 1979.

“Today, the museum display celebrates Chatsworth’s founding in 1888, and represents 130 years of Chatsworth history,” Ann says. It houses such items as historical photos and maps from as far back as 1880, Native American artifacts from the surrounding hills, old handtools and various display cases on the first pioneer families.

The Societies archives include photographs and memorabilia from the Iverson Movie Ranch, best known for Classic and Western films. “Shirley Temple was making movies at Iverson Ranch in Chatsworth,” says Ann. “A lot of early silent films and many westerns were filmed in Chatsworth.” And of course Roy Rogers and Dale Evans lived just down the road from the Acre, and filmed their television show episodes at their Double R Bar ranch on Andora St. “Chatsworth was a major movie hub,” concedes Ann.

In addition to housing archives



AT THE HILL - PALMER COTTAGE

and preserving the Hill-Palmer Cottage, the Society also works on preserving other local landmarks. “We have quite a few landmarks here in Chatsworth,” says Ann.

Landmarks include the historic lime kiln, which is located at the Chatsworth Reservoir near Woolsey Canyon Road; Harvester Barn on Devonshire Street; the Munch Box eatery, also on Devonshire Street; Stoney Point; and 76 olive trees on Lassen Street that were planted in 1890.

“There will be more,” Ann promises. ETI Corral 54, a local equestrian group, is working with the Society to obtain landmark status for the local Old Mission Trail to ensure its preservation.

The Society holds two communitywide events each year to help maintain the Hill-Palmer

Cottage and pay for new museum displays, says Ann. The Garden Festival, held on the last Sunday in April, pays homage to the city’s namesake. “Volunteers serve tea and scones in the cottage garden,” Ann says. “It’s our tie back to England because Chatsworth was named after Chatsworth, England.”

Pioneer Day is held on the first Sunday in October and features such tradespeople of yore as woodcarvers and blacksmiths, along with arts and crafts booths, vendors, games and such activities as panning for gold and bee keeping.

The organization is largely run by docents and volunteers, says Ann, who are just as passionate about the history of their community as she is. “We’re always looking for more docents, and the gardens and roses can always use volunteer help” she says.

An open house event at the Homestead Acre, where docents lead tours of the cottage, is held from 1-4 p.m. on the first Sunday of every month, except on holiday weekends.

For more information about the Chatsworth Historical Society or to find out how to become a docent or volunteer, email chatsworthhistory@gmail.com or call 818-882-5614. ❖



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Real estate at the Summit is subject to the Federal Fair Housing Act of 1968 and its amendments.

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www.summitmobilecommunity.com